

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

27 Sausage, Egg & Cheese Sandwich on WG Bagel
Assorted Fresh Fruit
Hash Browns
Choice of Milk

28 Cheeseburger on a WG Bun
French Fries
Assorted Fresh Fruit
Steamed Corn
Baby Carrots, Side Salad

29 Lasagna w/ Tom. Sauce WG
Garlic Bread
Assorted Fresh Fruit
STEAMED GREEN BEANS
Baby Carrots, Side Salad

30 Chickn Fryz with Dinner Roll
Tater Tots
Baked Beans
Side Salad
Baby Carrots, Side Salad

1 Sloppy Joe on WG Bun
Assorted Fresh Fruit
STEAMED PEAS
Baby Carrots, Side Salad

Choice of Milk & Daily Selections

Choice of Milk & Daily Selections

Choice of Milk & Daily Selections

Choice of Milk & Daily Selections

Choice of Milk & Daily Selections

4 Chicken Fingers w/ WG Pretzel Rod
Assorted Fresh Fruit
Steamed Broccoli
Baby Carrots

5 Cheeseburger On a Bun
Assorted Fresh Fruit
Green Beans
Baby Carrots, Side Salad

6 Italian Hoagie on a WG Roll w/ Lettuce and Tomato
Assorted Fresh Fruit
Baked Beans
Baby Carrots

7 Cheesesteak on a WG Roll
Assorted Fresh Fruit
Steamed Peas
Baby Carrots

8 School Closed
No Meals Served

Choice of Milk & Daily Selections

Choice of Milk & Daily Selections*

Choice of Milk & Daily Selections

Choice of Milk & Daily Selections

11 School Closed
No Meals Served

12 Hot Dogs
French Fries
Assorted Fresh Fruit
Steamed Corn
Baby Carrots, Side Salad

13 Soft Shell Tacos WG with Lettuce and Tomatoes
Assorted Fresh Fruit
Refried Beans
Baby Carrots, Side Salad

14 Grilled Cheese Sandwich WG
Tater Tots
Assorted Fresh Fruit
Baby Carrots, Side Salad

15 Buffalo Chicken Subs WG
Steamed Peas
Assorted Fresh Fruit
Baby Carrots, Side Salad

Choice of Milk & Daily Selections*

Choice of Milk & Daily Selections

Choice of Milk & Daily Selections

Choice of Milk & Daily Selections

18 Chicken Nuggets With WG Pretzel Rod
Choice Of Fruit
Steamed Broccoli
Baby Carrots, Side Salad

19 French Toast Sticks WG with Syrup & Sausage
Assorted Fresh Fruit
Hash Browns
Baby Carrots, Side Salad

20 Meatball Sub On a WG Roll
Assorted Fresh Fruit
Tater Tots
Baby Carrots, Side Salad

21 Chicken & Cheese Quesadilla WG
Assorted Fresh Fruit
Refried Beans
Baby Carrots, Side Salad

22 Turkey Sub w/ Lettuce & Tomato on a WG Bun
Assorted Fresh Fruit
French Fries
Baby Carrots, Side Salad

Choice of Milk & Daily Selections

Choice of Milk & Daily Selections

Choice of Milk & Daily Selections

Choice of Milk & Daily Selections

Choice of Milk & Daily Selections *

25 Boneless Chicken Wings WG With WG Breadstick
Choice Of Fruit
Steamed Broccoli
Choice of Milk
Daily Selections

26 Cheeseburger on a WG Bun
French Fries
Assorted Fresh Fruit
Steamed Corn
Baby Carrots, Side Salad

27 Chicken Patty on a WG Bun
Assorted Fresh Fruit
Baked Beans
Baby Carrots, Side Salad

28 Ham & Cheese Pretzelwich, WG
Assorted Fresh Fruit
Tater Tots
Baby Carrots, Side Salad

29 Fish Sticks w/ Tarter Sauce
Assorted Fresh Fruit
Steamed Peas
Baby Carrots, Side Salad

Choice of Milk & Daily Selections

Choice of Milk & Daily Selections

Choice of Milk & Daily Selections

Choice of Milk & Daily Selections

Menu is Subject To Change Without Notice

Innovative Arts Academy October '21